

Andover Arrows Netball Club

Training and Matches

All members of the Club are reminded of our

Code of Conduct

- Everyone will act with courtesy and consideration to others at all times.
- At training make it as easy as possible for everyone to learn and for the coaches to teach.
- Be silent and attentive whenever required.
- Arrive for training promptly and properly dressed to play netball. Trainers must always be worn for netball training and matches, and tied correctly. Hair should be tied back.
- Treat all property, club kit and equipment with respect.
- Act in a responsible and safe manner whenever representing Andover Arrows Netball Club.
- England Netball Association rules apply. These include;

1.4 **Players**

1.4.1 Suitable sports footwear may be worn at all times. They shall be of lightweight material. Spiked soles are not allowed.

1.4.2 Registered playing uniforms, which shall include playing positions initials, shall be worn at all times. Playing position initials shall be worn above the waist both front and back and shall be 150mm (6 inches) high.

1.4.3 No items of jewellery, except a wedding ring and/or medical alert bracelet, shall be worn. If either or both are worn, each shall be taped.

1.4.4 No adornment that may endanger player safety shall be worn.

1.4.5 Fingernails shall be short and smooth.

- Mobile phones must not be used during training or matches other than in the case of emergency.

Barbara (Head Coach)